



Report Oct 2019

What has been achieved in the first year of our project?

- **Emerging Proud Press** has been constituted as an independent publisher and is now offering services to independent Authors
- **4 Pocket Books** of hope have been published in the KindaProud series;
#Emerging Proud through *NOTEs* (non-ordinary transcendent experiences)
#Emerging Proud through *Disordered Eating, Body Image and Low Self-Esteem*
#Emerging Proud through *Suicide*
#Emerging Proud through *Trauma and Abuse*

64 Proud Emergees have contributed their stories to give hope to others

312 FREE books have been distributed to date with proceeds from sales and kind donations

200 Suicide books were donated to conference delegates in Texas by Walmart thanks to one of our contributors to that book who was a keynote speaker

These books are dedicated to all those whose lives are anything but ordinary.

May you find your gifts, use them well, and shine unapologetically bright.

You are here to do amazing things.

Hope

It's all we need to lift our hearts out of the depths and into the light

— *Ambriel*

What exciting developments are happening next?

- Norfolk and Suffolk libraries look set to stock the KindaProud Pocket Book series enabling the public to borrow our messages of hope for free. We hope to extend this further to other libraries in the UK and beyond...
- Our 5th title; #Emerging Proud through Psychosis and Schizophrenia has been commissioned thanks to the Missing Kind Charity, and we are in discussions about an exciting theme for a 6th title with an independent group
- A conference for mental health professionals in Melbourne will raise funds to distribute free KindaProud Pocket Books in GP surgeries in the local area
- To find out how to publish your own Kinda Proud Pocket Book, or Pocket Book Memoir, go to: <https://emergingproud.com/emerging-proud-press/>

With immense gratitude to all who have supported the growth of #Emerging Proud Press in its inaugural year; we look forward to seeing what emerges from the collective wisdom of all involved in 2020...

Katie and Mandy (Directors) x